



Julie Meighan
Occupational Therapist

Curriculum Vitae

Professional title: **Occupational Therapist**
BHSc (Hons) Occupational Therapy (2003)

Member of: **HPC** Health Professions Council
BAOT British Association of Occupational Therapists

Relevant practical experience:

October 09 - present **Specialist Occupational Therapist**
J.S. Parker Ltd

- Responsible for the assessment and provision of home based occupational therapy programmes to people with brain or spinal injuries
- Use a client centred approach to motivate and encourage the client to work towards their own goals in a variety of self care, household, community, leisure, education and work tasks as appropriate
- Carry out assessment and make recommendations regarding specialist equipment for daily living, vehicles and housing adaptations
- Liaise closely with the clients' Case Manager to ensure that occupational therapy goals are related to long term needs and are maintained on discharge from occupational therapy services
- Establish and maintain close links with families, carers and other professionals and provide advice and constructive support
- Responsible for recruitment and training of Rehabilitation Assistants and Support Workers in conjunction with Case Managers
- Responsible for writing clinical and medicolegal reports outlining assessment, intervention and proposed future plans
- Work within College of Occupational Therapy standards, along with the policies and procedures as laid down by J S Parker Ltd

June 05 – October 09

**Highly Specialist Occupational Therapist
Stroke Unit, County Durham PCT**

- Assessment of clients following CVA using specialist clinical observations and standardised assessment tools
- Specialist neurological treatment / intervention to promote normal movement, cognitive perceptual skills and functional activity based upon evidence based practice.
- Assessment of clients ability to access home and community environments
- Assessment and management of complex and challenging situations
- Safe and timely discharge of client to home or other relevant services
- Assessment and provision of specialist moving and handling equipment and equipment to aid independence in activities of daily living
- Multi disciplinary and multi agency working
- Education, training and supervision of Occupational Therapists and Occupational Therapy Assistants

August 04 – August 05

**Paediatric Occupational Therapist
Darlington Memorial Hospital**

- Assessment and treatment of children aged 3 – 16 with neurological involvement
- School assessment and support
- Home assessment and support
- Adaptation advice

April 04 – August 04

**Basic Grade Occupational Therapist
Elderly Rehabilitation and surgery**

- Assessment and rehabilitation of adults following: amputation, trauma, surgery, dementia and infections

September 03 – January 04

**Basic Grade Occupational Therapist
Specialist rehabilitation, Hutt Valley Hospital
New Zealand**

- Assessment, rehabilitation and supported discharge for patients following: trauma, stroke, dementia, surgery and infections

Relevant expertise sharing:

Cognitive assessments

Peer group training

Introduction to cognition and stroke

Training for support staff

Occupational therapy and stroke

Induction training for Junior doctors rotation

Academic qualifications:

**1999-2003 BHSc (Honours) Occupational Therapy
(College of York St John – York)**

Relevant vocational training:

- 2009** The Evaluation of stroke management (York St John)
Occupational Therapy for the Rehabilitation of People with Neurological Upper Limb Disorders (Harrison Training)
- 2008** Stroke Management (York St John)
- 2007** Mental Capacity Act (Darlington Borough Council)
- 2005** Conflict Resolution (NHS Security Management)
- 2004** Paediatric Assessment Course (Royal Free Hospital)
- 2004** Community Equipment Home Adaptations for Disabled Children – Law and Practice by Michael Mandelstam (Disability North)