



Curriculum Vitae

Penny Fitzgerald Registered General Nurse (RGN)

I am a qualified nurse registered with the Nursing and Midwifery Council (NMC)
Advanced member of BABICM (British Association of Brain Injury Case Managers) since May 2006

Career History

- January 2002 to present J S Parker Ltd, Case Management and Rehabilitation Services Northern House 73 Carterknowle Road Sheffield, S7 2DW.
- Case Manager (Adults) J S Parker Ltd, Case Management and Rehabilitation Services, Sheffield
- Responsible for assessment and preparation of costed Case Management reports for clients with acquired and traumatic brain injury, spinal, birth and other catastrophic injuries.
 - Provision of Case Management services, including assessment of need, recruitment, supervision and management of support staff, both in the community and in liaison with residential rehabilitation units and publicly funded bodies.
 - Ongoing co-ordination, monitoring and supervision of care and support for clients and their families.
 - Managerial responsibilities for Support Workers including training, supervision, appraisals and disciplinary procedures.

July 1992 – Jan 2002:

Community Staff Nurse Community Health Sheffield PCT

- Multidisciplinary team work: Responsibility to assess, design implement, monitor, evaluate health and social care packages, health promotion / support / education to patients and families in their own homes and residential care homes. Informal training of GP registrars / Medical students / care staff. Training, mentoring and supervision of Student Nurses.
- NVQ training support staff.

- Developed comprehensive procedure within CHS Policy for promoting continence and managing incontinence within the GP practice population.

2000 – 2002:

Staff Nurse Community Health Sheffield – Evening Service, City Wide (separate contract)

- Assessment and provision of support and care to patients in their own homes and residential homes. Routine and crisis visits to patients of all ages with acute or long term conditions support and care to the terminally ill and their families.
- Prioritising caseload, liaising with medical professionals and other agencies to coordinate new service provision. Record keeping. Liaison and referral to patients General Practitioner and District Nursing daytime provider.
- Training, mentoring and supervision of Student Nurses and Support Workers

1999 - 2000 :

Staff Nurse - Kersal Mount Nursing Home – Sheffield

- Additional part time evening work: Working with patients of all ages, requiring, long term care, short term planned or emergency respite. Support to patients and their families
- Managing and monitoring the delivery of support and care to patients of all ages with wide ranging acute, non acute and terminal conditions.
- Patient welfare, management, mentoring and training of support and ancillary staff, record keeping.
- Liaison with General Practitioners and other medical staff to facilitate emergency medical care.

Jan 1985 – July 1992:

Staff Nurse (Bank) Central University Hospital Trust

- Working on adult neuro-surgical, neuro-medical, other specialist wards and on general medical and surgical wards throughout the hospital.
- Working within a multidisciplinary team, responsibilities included providing nursing care and support to patients and support to families /nurse training / ward management / record keeping

Feb 1984 – Jan 1985:

Maternity leave and childcare.

- Part time manager small independent shoe shop.
- Customer care/book keeping/cash handling.

Jan 1980 – Feb 1984:

Staff Nurse (Bank) Central University Hospitals Trust

- Adult wards including working 2 ½ years in Neuro-surgical Intensive care and early rehabilitation ward. Working on neuro-medical, general medical, surgical and other specialist wards throughout the hospital providing nursing care / support to patients and support to families.
- Multidisciplinary team working, responsibilities included nurse training / ward management / record keeping.

April 1977 – Jan 1980:

Maternity Leave and childcare

- Long term carer to disabled family member
- Part time assistant manager Newsagents - Customer care, cash handling, book keeping.

Oct 1976 – April 1977:

Staff Nurse Nether Edge Hospital Sheffield

- Acute geriatric medical ward as part of multidisciplinary team including: patients with Alzheimers / stroke / medical emergencies.
- Assessment of care needs / designing / implementing / monitoring / evaluating care regimes. Supporting rehabilitation programmes.
- Discharge planning and liaison with community care services including home visits with patients, other professionals and family members. Ward management, nurse training, liaison and support to families.

April 1976- Oct 1976:

Registered Nurse - BNA Nursing Agency (London)

- Live in nursing support to elderly wheelchair dependent gentleman (following a stroke), in his home and the community.

- Live in nursing / social care to young stroke patient in his own home. Reinforcing rehabilitation strategies in conjunction with specialist rehabilitation team at Camden Day Centre London.

Feb 1976 – April 1976:

Occupational Health Nurse Batchelors Foods Workshop

- Temporary work providing health education advice and emergency nursing care to employees.

Nov 1975 – Feb 1976:

Travelling - Bermuda, Canada, United States of America and Mexico.

May 1975 – Nov 1975:

Registered General Nurse BNA International Victoria Hospital Halifax Nova Scotia

- Adult Neuro-intensive Care unit with patients following traumatic brain injury, spinal injury, Sub arachnoid haemorrhage, encephalitis.
- Nursing Care, staff management / nurse training / patient and family support.

Oct 1974 – May 1975:

Ward Sister: Wormwood scrubs Prison Hospital BNA Nursing Agency
(London)

- Responsible for medical and surgical admissions. Pre and post-operative care to prisoners from across the country admitted for acute /non acute conditions.
- General, ENT, and plastic surgery procedures.
- Running clinics for prison population. Ward management and nursing support to hospital prison officers.

May 1974 – Oct 1974 & April 1973 – Oct 1973:

Live in waitress – summer season. Hotel in Mawgan Porth, Cornwall

Oct 1973 – May 1974:

Staff Nurse Freedom Fields Hospital Plymouth Devon

- Adult Neuro-medical and Neuro-surgical unit including Intensive Care. Nursing care and early rehabilitation for patients with traumatic brain injury, spinal injury, infection, stroke, and sub-arachnoid haemorrhage.
- Staff management/nurse training. Support to patients and families.

July 1972 – May 1973:

Staff Nurse United Sheffield Hospitals

- Acute male medical ward. Assessing, planning, implementing, monitoring and evaluating care.
- Ward management / nurse training. Support to patients and families.

April 1969 – July 1972:

Student Nurse United Sheffield Hospitals

- Clinical practice and theoretical knowledge of Adult medical and surgical conditions, treatment and care.
- Specialist practice: Orthopaedics, Plastic surgery, ENT, Neuro-medicine, Ophthalmic, ENT and General theatres, Renal Unit, Ophthalmology, Intensive care, paediatric surgery and medicine
- Maternity Hospital: Obstetric nursing practice – (accredited training).

Expertise sharing:

Presentation ‘How to deal with difficult people’ Training Session – April 2004

Presentation ‘ The Role of the Official Solicitor’ Training session – April 2006

Presentation ‘ Sexuality Workshop’ Sexual Health and Wellbeing Training session – April 2009

Academic Qualifications:

CACDP Level 2 Certificate in British Sign Language (201/203) Sep 2007 – July 2008

CACDP Level 1 Certificate in British Sign Language Nov 2006 – July 2007

CACDP Level 1 Certificate in Communication Tactics with Deaf People Sep 2006 to Nov 2006

Teaching and Assessing in Clinical Practice March 2001

Promotion of Continence and Management of Incontinence
Training and Workshops (Last 5 years):

Nov 1998

22.06.04	Returning to Work After Brain Injury	NCORE
06.07.04	Epilepsy Services and Access	NHS Clinical Nurse Specialist
June/July 04	Keeping Children Safe	Barnardos
30.09.04	Brain Injury Legal Seminar	BISWG
Sept 04	Headway 25 th Anniversary Conference	Headway
03.11.04	Suicide Prevention	Karen Ledger
11.11.04	Catastrophic Injury Seminar Family Matters Lawyers Caring for Injured People and Their Families The Impact of Brain Injury on the Family The Importance of the Family in the Rehabilitation Process Pre and Post Settlement Tax Issues Jobs Matter	Bill Braithwaite QC, Exchange Chambers Headway -Steve Shears /Dr Christina Williams Consultant Adult Disability Medicine Angela Kerr, AKA Case Management John Frenkel Frenkels Chartered Accountants Dr Howard F Jackson, Transitional Rehabilitation Unit
16.11.04	Headway Update	Anne Hurley Headway
02.12.04 13.12.04	Supervision Training	Jackie Pritchard
06.12.04	Working with Families After ABI	JSP Training Ltd
07.12.04	Assessment (Brain Injury) Conference	JSP Training Ltd
06.01.05	Letter Writing Workshop	JSP Training Ltd
13.01.05	Support Worker Induction and Appraisal Pathway	JSP Training Ltd
19.01.05	Case Study - Family and Medico - Legal Issues	JSP Training Ltd
01.02.05	Motivational Interviewing 1	JSP Training Ltd

10.02.05	The Brain, Mechanics of Brain Injury	JSP Training Ltd
18.02.05	Employment Law Update	JSP Training Ltd
March 05	Adult Services / Integrated Pathways	J Garber Consultant Case Manager
March 05	Motivational Interviewing 2	JSP Training Ltd
07.03.05	Using Statutory Services Health and Social Care	Jenny Garber Consultant Case Manager
16.03.05	Continuous Professional Development	JSP Training Ltd
17.03.05	Introduction to Rehabilitation Strategies	JSP Training Ltd
April/ June 05	Family Study Days	JSP Training Ltd
20.04.05	Setting Goals with Clients	JSP Training Ltd
09.05.05	Training for Trainers	JSP Training Ltd
19.05.05	Helping Clients Build Self Esteem	JSP Training Ltd
22.06.05	Court Of Protection Future Financial Planning Following Personal Injury Award	Irwin Mitchell Solicitors
09.08.05	Health and Social Care Professions in Litigation	Anna Bristow / Irwin Mitchell Solicitors
2005	Initiation Problem Solving and Decision Making	JSP Training Ltd
02.12.05	Brain Injury Role of the OT	JSP Training Ltd
05.01.06	Writing Witness Statements	JSP Training Ltd
26.01.06	Support Worker Induction and Training Pathway	JSP Training Ltd
29.03.06	Managing Poor Performance at Work	NCORE Training Derby
31.03.06	Going to Court	JSP Training Ltd
01.06.06	Brain Injury experiences from a family perspective	JSP Training Ltd

11.07.06	Update Public Authority position	Henry Whitcomb Barrister
17/18.07.06	Motivational Interviewing	D Manchester, Neuropsychologist
06.09.06	Motivational Interviewing	JSP Training Ltd
20.09.06 to 04.10.06	Tinnitus - strategies for managing and self help	Dr O P Tunland, Consultant Audiovestibular Physician Sheffield
06.10.06	Motivational Interviewing	JSP Training Ltd
25.10.06	Counselling and Brain Injury	JSP Training Ltd
10.11.06	Care of the Paralyzed Patient	Princess Royal Spinal Injuries Unit Sheffield
23.11.06	Sex Drugs and Rock and Roll in Brain Injury	JSP Training Ltd
29.11.06	Age Discrimination	JSP Training Ltd
05.12.06	JSP A client centred organisation?	JSP Training Ltd
08.12.06	24 hour packages/Appropriate adults / CYP coordination and cognition/ Taking care of yourself at work	JSP Training Ltd
<u>2007</u>		
01.02.07	Motivational Interviewing	JSP Training Ltd
20.02.07	Visual Perception after Brain Injury	JSP Training Ltd
12.03.07	Safeguarding Children update	JSP Training Ltd
18.04.07	Drug awareness and Brain Injury	JSP Training Ltd
09.05.07	Mental Capacity Act	JSP Training Ltd
22.05.07	Boundary Issues for Support Workers Case Study	JSP Training Ltd
12.06.07	Motivational Interviewing	JSP Training Ltd
13.06.07	Client Centred Goal setting Part 1	
11.07.07	Client Centred Goal setting Part 2	JSP Training Ltd
04.07.07	Training Workshop for Advanced Brain Injury Case Managers	BABICM

25.07.07	Spinal Injury – Rehabilitation Long term Intervention and the Patient Experience	The College of Occupational Therapists Special Section
July 2007	Course completed BSL (British Sign Language) CACDP Level 1 (Passed - Certificate 101 / 102 / 103)	Sheffield College
13.09.07	CACDP BSL Level 2 – 1 year course commenced	CACDP Tutor David Schofield
26.09.07	Self Harm & Suicide and Brain Injury	JSP Training Ltd
22.10.07	Motivational Interviewing – Advanced	JSP Training Ltd
30.10.07	Changes in Personal Injury Law / Interim Payments Mental Capacity Act	Ralli Solicitors, Manchester
09.11.07	Somewhere to Live, Someone to Love Something to Do	JSP Training – Conference
14.11.07	Mental Capacity Act	Irwin Mitchell – Ian Potter
29.11.07	Skills for Clinical and Case Supervision	Skills Development Service Ltd Paul Glenthams, MSc, M.Clin. Psychol, C.Psychol
<u>2008</u>		
17.01.08	Working with Families	BIB - Rita Greaves
14.02.08	Help obtaining Statutory funding	BIB – Claire Edgar
11.03.08	Medico Legal Updates	Jackie Parker (JSP)
20.03.08	How to Identify What a Client Wants	BIB – Alison Fletcher
08.04.08	Motivational Interviewing	V Morris – JSP Training Ltd
16.04.08	Parenting Skills after Traumatic Brain Injury	BIB – Lucy Naven
08.05.08	Brain Injury Training	J Brake / V Morris (JSP)
04.06.08	Alcohol, Substance use and Rehabilitation	BABICM - Howard Jackson, Neuropsychologist
11.06.08	Mum to a Child with Brain Injury	Mary Dowd (JSP)
12.06.08	Statutory Benefits	Sally Wilkinson Irwin Mitchell Solicitors Leeds
10.07.08	Escorts	BIB - Jo Henderson

July 2008	Course completed BSL (British Sign Language) CACDP Level 2 (Passed - Certificate 201 / 203)	David Schofield -Chesterfield
18.09.08	Sexuality and Relationships Brain Injury	BABICM – Simon Parrit
26.09.08	Everyday Story of Money, Conflict and Power	Jane Wright – Irwin Mitchell Solicitors
12.11.08	Safeguarding Adults – Update	Rachel Redhead – JSP Training Ltd
<u>2009</u>		
25.02.09	MCA Case study	BIB – Lucy Naven
03.03.09	MCA Implementation Workshop	BIB – Cliare Edgar
11.03.09	Compensation / Structured settlements Special Need Trusts Budgeting for the clients future	Ian Potter C.of P Irwin Mitchell Solicitors
01.04.09	Employment Law update	JSP Ivan Neary Business Manager
15.04.09	Family Members – Working with Grief and Loss	JSP Training Ltd Verna Morris
23.04.09	Counting the Cost - The Financial Cost of Brain Injury	BISWG
06.05.09	Interface CM/OT	BIB Rachael Reid / Lisa Wilson
20.05.09	Interface with Lawyers / Barristers and the Courts	J Parker

Penny Fitzgerald
Case Manager RGN

3rd July 2009